



Amanda Rishworth MP

Member for Kingston

MEDIA RELEASE

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KITCHEN GARDEN PROGRAM WILL BENEFIT FOUR SCHOOLS IN THE SOUTH: BUILDING HEALTHY HABITS FOR LIFE

Four Southern Adelaide School communities are set to benefit from over \$238,500 from the Rudd Government to participate in the Stephanie Alexander Kitchen Garden Program.

Minister Roxon today announced Pimpala, Happy Valley, Aldinga Beach R-7 and Christie Downs Primary Schools will receive funding from the second round of the program, which is being rolled out in up to 190 government schools nationwide.

Each of the successful local primary schools will receive up to \$60,000 to help deliver this important program to their students.

The innovative program was founded by culinary legend Stephanie Alexander and is currently up and running in 41 schools across Australia.

The Member for Kingston, Amanda Rishworth said she was delighted by the announcement.

“This program teaches children how to grow, prepare and share healthy food, to develop life-long healthy eating habits,” Ms Rishworth said.

“The Rudd Government is committed to tackling the challenges childhood obesity, by encouraging healthy lifestyle habits at an early age,”

Ms Rishworth has enjoyed working with today’s successful schools to help make this exciting program available to students in the South.

“The Stephanie Alexander Kitchen Garden National Program is just one of the many solutions the Government is putting in place to help address obesity in Australia.

Amanda Rishworth said it is pleasing to see so many schools in the South now have the opportunity to participate in this program.

Ms Linda Olifent, from Pimpala Primary School, believes the Stephanie Alexander Kitchen Garden Program is an exciting step forward in educating both students and the broader community on the benefits of healthy living.

“Developing healthy eating and exercise habits early in life, will give future generations the skills necessary to help avoid lifestyle related chronic conditions, such as diabetes, heart disease and other serious, but largely preventable illnesses,” Ms Olifent said.

“Today’s announcement will enable Pimpala Primary School students to pass on the many benefits of healthy eating to their family and friends,” Ms Olifent said.

“I’m incredibly proud that Pimpala Primary School students will benefit from this great program,” Ms Olifent said.

For further information regarding the Stephanie Alexander Kitchen Garden National Program go to www.healthactive.gov.au/kitchengarden
